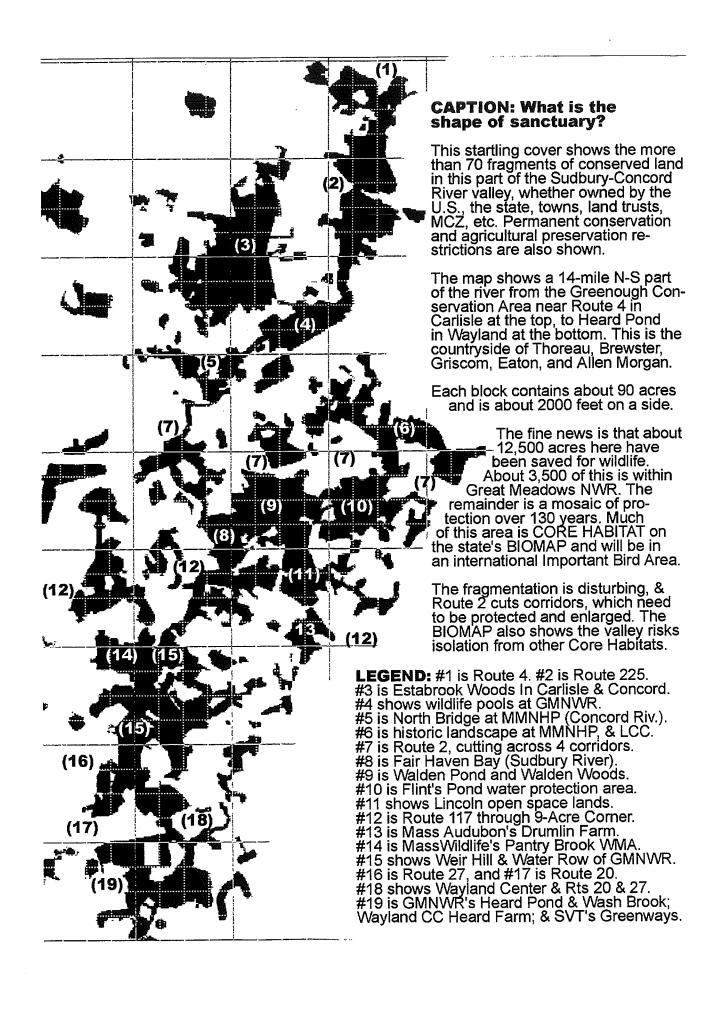


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# A BIBLIOGRAPHY of BIODIVERSITY and NATURAL HISTORY in the SUDBURY and CONCORD RIVER VALLEY

including the Great Meadows Wildlife Refuge, Estabrook Woods, and Walden Woods

> by Stephen F. Ells April, 2002

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Chief among the natural attractions of Concord, Massachusetts, is its charming little river, known as the Sudbury above the point where, near the village center, it unites with the Assabet, and below this as the Concord. The Indians called it the Musketaquid or Grass-grown River, a name not less appropriate than euphonious, for its sluggish waters abound in aquatic or semi-aquatic vegetation and its banks are fringed with wild grasses and sedges which stretch for miles along one or both sides of the placid, sinuous stream and in places also extend back to a greater or less distance over low, flat lands wet at all seasons and regularly inundated in early spring. These fresh-water marshes are of vast extent in Sudbury and Wayland and they cover hundreds of acres in the eastern part of Concord where they have been known, ever since the first settlement of the town, as the Great Meadows.

William Brewster in 1911

### Dedicated to these six naturalists of the valley



1. Ludlow Griscom



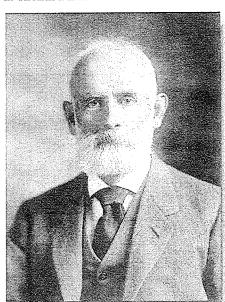
3. Ernst Mayr



5. Allen Morgan



2. Richard Eaton



4. William Brewster



6. Henry Thoreau

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#### A Valley Biodiversity Bibliography

## Including parts of Wayland, Sudbury, Lincoln, Concord, Carlisle and Bedford

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#### Introduction

While doing a bird conservation project in the Wayland to Carlisle region of the Sudbury and Concord River valley, I realized it would be helpful if there were a biodiversity bibliography for this important landscape. There was not even a model for such a bibliography. I thought it should guide people to whatever had been written about the wild animals and plants in the wetlands, the ponds, the river, and the nearby upland habitat of forest and field. It would focus on data-rich studies, inventories, and articles about those species as they inhabited or migrated through this valley corridor. I also wanted to include a few references about land use and human history to provide a context; references about the great naturalists of the nineteenth century to give continuity; and references about pollution and invasive species to sound a warning.

To my surprise, the bibliography has grown to include more than four hundred substantive references about natural history in this small part of the valley over the last one hundred seventy years. Authors have included a world-eminent scientist, budding scholars, and dedicated amateurs. It was this type of species-specific or site-specific information that led Harvard's Ludlow Griscom to write in 1949, "A greater number of competent and nationally known naturalists and ornithologists have explored [this valley's] coverts than any other corner of the New World. Their records and data validate the interesting and sometimes profound changes that have taken place."

I have included studies that were done on the botany, zoology, and ecology, etc., of Wayland, Sudbury, Lincoln, Concord, Bedford, and Carlisle, Massachusetts within about two or three miles of the Sudbury or Concord River. I have taken care not to compromise the current location of any rare plant or animal. The bibliography's coverage is, however, not strictly limited to the watershed. Also, for convenience, those studies that are specific to the Estabrook Woods (in Concord and Carlisle) and to Walden Pond and Woods (in Concord and Lincoln) are gathered in separate

Both a downloadable version of this bibliography and an on-line version (as well as any updates) are available at <a href="http://www.walden.org/scholarship/e/ells\_steve/biodiv\_bib">http://www.walden.org/scholarship/e/ells\_steve/biodiv\_bib</a>. Page (1).

chapters. Though this bibliography covers only about fourteen miles of the valley's length, these have been the traditional haunts of a succession of naturalists. I, too, have been familiar with this countryside since boyhood.

I hope that this work will encourage others to extend biodiversity bibliography coverage to the sister tributary, the Assabet River (with its own new national wild-life refuge); to Hop Brook and the full SuAsCo watershed (with its complex water resource history and problems); and to other regions. Biodiversity Days may well spark such an interest. The format is flexible. Local conservation commissions, land trusts, sanctuaries, or public libraries could help. And by doing a biodoversity bibliography students of all ages students could find out what is already known about their area and what needs research.

Is there a wider purpose to natural history studies, here and elsewhere? I think so. For example, the eminent scientist Ernst Mayr had a dual educational vision when in the 1960s he created, with Thomas Flint of Concord, Harvard's 700-acre ecology study area in the Estabrook Woods. His views can suggest a vision for the wider valley. First, he valued Estabrook Woods for it is a large, protected, typical, and varied tract that could give students from the entire area a hands-on experience with nature. He has written about how important this is both for science and for the wise conduct of human affairs:

"Since the investigation of diversity includes the study of relationships, organisms must be studied alive and in the field.....It is about time we realize that the future of mankind is not something 'written in the stars,' something controlled by external forces, but that it is we humans ourselves who hold the fate of the species in our hands. We now have a fairly good idea what the major ills of mankind are and it has become quite clear that only a few of them are susceptible to purely technological solutions. Instead, most of them are of a behavioral-sociological nature and require a change in our value systems, a change one is not likely to accept unless one has a far better understanding of nature, of the dynamics of populations, of the biological basis of behavior, and of other components of the biology of organisms, than most of those have who are responsible for policy decisions. It will require a deeper understanding [and] massive education" [E. Mayr, "Museums and Biological Laboratories," *Brevoria*, 416:1-7 (MCZ Dec. 28, 1973)].

Mayr has advocated careful study of even a local environment. For example, Mayr used the well-studied flora of Concord to test whether the "biological species concept," a critical issue in evolutionary theory, applies to plants, which was a matter questioned by some botanists (Mayr 1992). And, in 1999 in a public "conversation" at Concord Academy, he advocated, in this time of climate change, study of the New England temperate forest:

"These dynamic movements of ecosystems—it is one of the most fascinating things to study. It is relatively easy to study but somebody has to take the leadership and start—'Now we are going to get going on this sort of thing.'...I'm sure if somebody made a thorough study of the vegetation of Estabrook Woods, we would find unexpected discoveries. It needs a little imagination and needs leadership, that's all I want to say."

This is a dual educational vision—not only "thorough study" with a hands-on experience with nature but also "massive education" about our value system's relationship with the natural world. It could be applied, as well, by the stewards of the whole Sudbury-Concord River valley. By happy chance, one hundred seventy years of observation in the valley has been supplemented by sixty years of conservation activism. This activism was sparked by Allen Morgan of the Massachusetts Audubon Society and the Sudbury Valley Trustees, and it spread. Thus, much of the historic landscape has been preserved in a mosaic of twelve thousand acres of public and private stewardship. It is a triumph of protection at the edge of Boston. Though the valley has been altered, fragmented, and isolated, it retains enough integrity to be designated in 2001 by the state's Secretary of Environmental Affairs as Core Habitat for biodiversity protection in the state. The land stewards of the valley could jointly adopt a vision for their lands such as Mayr envisaged. And they could jointly decide to manage their lands (e.g., town conservation commissions, land trusts, schools, historical parks, sanctuaries, woods projects, field stations, reservations, and wildlife refuges) to promote and protect biodiversity in all ways. As Aldo Leopold might say, they could think like a valley.

Perhaps this bibliography can help. I know it is just a beginning (for we know so little about the natural world), and I would appreciate additional references. My thanks to many, including Dr. Warren Abrahamson of Bucknell University; Ray Angelo of the New England Botanical Club; Brad Blodget, H. W. Heusmann, Ellie Horwitz, and Paul Somers of Mass. Wildlife; Frances H. Clark of Lincoln; Dr. Robert Cook of the Arnold Arboretum; Dr. Bradley Dean of the Thoreau Institute; Chris Davis of US National Park Service; Jeff Eaton of Lincoln; Kristin Eldridge, Chris Leahy, Simon Perkins, and Wayne Petersen of Mass. Audubon Society; Douglas Greene of Reading Conservation Commission; Dr. Donald R. Griffin; Tom Gumbart of the Lincoln Conservation Commission; Ken Harte of Carlisle; Barbara Howell of Wayland; Scott Jackson of UMass; Stephanie Koch & Joseph McKeon of US Fish and Wildlife Service; Norman Levey of Lincoln; Ron Lockwood of Bolton; Ellen Meadors of Lincoln; Henry Norwood of Wayland; Lydia Rogers of Concord; Dr. Otto Solbrig of Harvard University; Mary and Eugene Walker of Concord; Special Collections of the Concord Free Public Library; and the Ernst Mayr Library of the Museum of Comparative Zoology. The cover was created by the author with data from the Sudbury Valley Trustees and many other sources. The image of Henry Thoreau is used with the permission of the Thoreau Society.

I particularly thank Dr. Ernst Mayr for his encouragement on behalf of Estabrook Woods and his opposition to Middlesex School's development plans. I make special mention of Dr. Edmund A. Schofield, whose work on Walden Woods has been important. When he became aware of this effort to develop a bibliography for the valley, he kindly decided to make available his more comprehensive bibliography of Walden Woods as a companion document. My document and his complement each other. Both are available at the web address below.

In the bibliography, CFS refers to the Concord Field Station, the ecology research area owned by Harvard's Museum of Comparative Zoology (MCZ) in the Esta-

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brook Woods. MMNHP is the Minute Man National Historic Park in Concord. GMNWR is the Great Meadows National Wildlife Refuge. SuAsCo is the Sudbury-Assabet-Concord Rivers Watershed. CFPL is the Concord Free Public Library. Thoreau-related or natural history material can often be found at the CFPL Special Collections or the Henley Library of the Thoreau Institute (Lincoln MA & www.walden.org). Natural history material can also be found at the Ernst Mayr Library of the MCZ (restricted access, but searchable through Harvard's HOLLIS).

One person has raised the interesting issue of where, in general, people can find and view this area's many environmental reports, theses, etc., that are not formally published. For example, environmental laws (e.g., NEPA, MEPA, Superfund, rare species, or wetlands laws) may have required a developer (e.g., a highway agency, a wetland-filler, a hazardous waste site, or the airport, etc.) to prepare projectspecific wildlife inventories and analyses. These and other reports or theses may be only randomly available or may be difficult to access whether in hardcopy or on the web. In general, I found that CFPL's fine (and web-indexed) Special Collections had a good selection of unpublished or obscure documents, and a few were (inconsistently) filed with conservation commissions and other libraries, I also found documents in attics and in bare-bulb sub-basements next to whale skulls. Sadly, Drumlin Farm's Hathaway Library and the Concord Field Station's natural history center are now shut. I am encouraged that the Henley Library of the Thoreau Institute is expanding its environmental and natural history collection (also to be web-indexed), which will include part of the material formerly held at the Hathaway Library. Thus, the Henley Library may also be interested in material. either hard copy or digitized, about the Sudbury and Concord River Valley and beyond. I think this valley is fortunate to have such institutions as the Concord Free Public Library and the Henley Library available.

Comments, please, to
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#### Section 1:

# Studies about plants, animals, and natural history in the overall Sudbury-Concord River Valley

in Wayland, Sudbury, Lincoln, Concord, Carlisle & Bedford.

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<a href="http://www.epa.gov/region1/superfund/sites/nyanza">http://www.epa.gov/region1/superfund/sites/nyanza</a>. Document repositories are at Ashland PL and US EPA Region One in Boston.

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US Fish and Wildlife Service. [Anadromous fish restoration program.] A multi-year program to restore the alewife to the Sudbury-Concord River valley is now underway in cooperation with the state, and *spawning is occurring*. A comprehensive management plan for the Merrimack River Basin has been published by the USFWS. For information specific to the Sudbury-Concord River sub-basin, please contact the USFWS office in Nashua NH (603-595-3586) or Laconia NH (603-528-8750) or visit <a href="http://www.fws.gov/r5cneafp">http://www.fws.gov/r5cneafp</a>>. Pers. comm. J. McKeon, March 20, 2002.

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Wildlife Refuge, in addition to those otherwise listed herein.] Available at the refuge headquarters at 73 Weir Hill Road, Sudbury MA 01776. Personal comm. from Stephanie Koch, March, 2002. (The Great Meadows National Wildlife Refuge spans 12 miles of the Sudbury-Concord River, with a total of about 3,500 acres in two units within the bibliography's area. See, <a href="http://www.fws.gov/r5fws/ma/grm.htm">http://www.fws.gov/r5fws/ma/grm.htm</a>.) These surveys and studies include the following:

- 1. Breeding bird surveys for 2000 and 2001, ongoing until at least 2004.
- 2. Anuran surveys [certain amphibians] for 2000 and 2001, ongoing until at least 2004.
- 3. Marshbird surveys for 2000 and 2001, ongoing until at least 2004.
- Woodcock surveys for 2000 and 2001, ongoing at least for 2002.
- 5. Shorebird use of impounded wetlands within USFWS Region 5, began in 2000 and ongoing. Includes weekly counts of migrating shorebirds.
- 6. Integrated wetland management for shorebirds and wintering waterfowl on USFWS Region 5 National Wildlife Refuges, began in 2000 and ongoing. Includes weekly counts of migrating waterfowl. (James Anderson, WVU, P.I.).
- 7. Bluebird box program and monitoring since late 1980's, maybe continued in future
- 8. Wood duck box program and monitoring since 1980's, likely ongoing, conducted by H. Heusmann (Mass. Wildlife).
- West Nile Virus study (mist netting and bleeding neotropical migrants), 2001 and ongoing for at least 2002, conducted by Bob Dusek, National Wildlife Health Center).
- 10. Nontarget Aquatic Invertebrate Community Study, USFWS.
- Various vegetation surveys—includes some specific to studies, some anecdotal information.
- 12. Deer study 2002, maybe ongoing, looking at movements and behavior in urban and rural deer.
- 13. Malformed frog studies: Annual reports by USFWS and Converse et al. (2000), cited herein.
- 14. Various species lists for mammals, birds, invertebrates, plants—based on biodiversity days, staff observations, etc.
- 15. Invasive species control studies for cattail, loosestrife, and water chestnut.
- 16. Midwinter bald eagle surveys late 1990s and ongoing, in conjunction with the state.

US Geological Survey "Concord River Drainage Basin" Home Page at <a href="http://ma.water.usgs.gov/basins/concord.htm">http://ma.water.usgs.gov/basins/concord.htm</a>>.

US National Park Service, **Minute Man National Historical Park**. Approx. 25 documents on various subjects are individually listed herein alphabetically by author or subject. Also, census programs are currently underway (or reports are in press) on fish, herps, and birds. Water quality data are also available. Pers. comm. from Chris Davis, March 15, 2002. Park home page is at <a href="http://www.nps.gov/mima">http://www.nps.gov/mima</a>.

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Walls, Laura Dassow. 1995. Seeing New Worlds: Henry David Thoreau and Nineteenth-Century Natural Science (Madison WI: U Wisconsin P.) Thoreau scholar examines his observations of nature., esp. p 136-147.

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#### Section 2.

# Articles on plants, animals, and natural history specific to Estabrook Woods

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## Sec. 2. NATURAL HISTORY STUDIES ABOUT THE ESTABROOK WOODS

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Fitzgerald, Desmond, "Land Use History of the Estabrook Woods [in Concord, Mass. From 1636-1974]." Cambridge: 1974 (MCZ mimeo typescript at CFPL without maps or bibliography; draft?). [Intended to be Number 14 in "Guide to the Resources of the Concord Field Station, ed. by D.S. Woodruff. (Cambridge: MCZ)].

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Walden Keeping Track. 2002 et seq. [Periodic surveys of certain area-sensitive animals which provide a good indication of habitat health. Survey areas include a portion of Estabrook Woods.] Contact Lydia Rogers <a href="mailto:roylers/lydiarogers@earthlink.net">roylers/lydiarogers@earthlink.net</a>. A local affiliate of Keeping Track of Huntington, VT.

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## Sec. 3. NATURAL HISTORY STUDIES ABOUT WALDEN WOODS and WALDEN POND

#### Section 3.

# Walden Woods & Walden Pond: articles on plants, animals, and natural history.

Note: certain of the articles in preceding sections will be useful here, also. Special attention is also directed to Dr. Edmund Schofield's detailed and comprehensive bibliography of Walden Woods, cited below.

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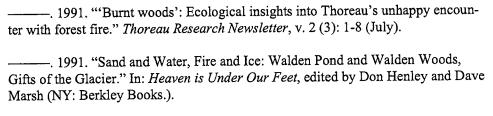
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